



SCAN HERE
TO REGISTER

FREE SOUND BATH **6:00 PM-9:30 PM**

Canyon View Credit Union Community & Arts Center
8105 2200 W, West Jordan, UT 84088

- Gather: Browse a collective of curated vendors for crystals, oils, and sacred tools. Sound Bath Registration.
6:00-7:30 PM
- Heal: A free, immersive sound bath to clear your energy.
7:30-8:30 PM
- Connect: Carry the peace home while meeting and connecting with friends and like minded souls.
8:30-9:30 PM

Monday, February 2nd, 2026
Monday, March 2nd, 2026
Monday, March 30th, 2026
Monday, April 27th, 2026
Monday, June 1st, 2026
Monday, July 13th, 2026
Monday, August 10th, 2026
Monday, September 28th, 2026
Monday, October 12th, 2026
Monday, December 14th, 2026

Bring a Yoga Mat, pillow, blanket, or zero gravity chair. Really anything for your comfort. Our state of the art Massage chairs are available to reserve for the sound bath for an additional fee.

Message Mandy to register to be a vendor at our monthly sound baths

Call or text Mandy 801-557-9732 or Mike at 801-347-7559



@LIFEELEVATEDHEALTHANDWELLNESS

www.elevatemylight.com

SCHEDULE-2026



LIFE ELEVATED HEALTH & WELLNESS

www.elevatemylight.com
801-347-7559



Luxury Massage Chairs

The Life Elevated 4D Robot Zero Gravity Massage Chair is a revolutionary relaxation tool. This advanced chair offers full-body airbags, adjustable pressure, and smart heating and cooling for a customized massage. Our energy healing specialists can tailor your session to fit your wellness needs. Visit our studio to experience AI-assisted healing and discover unparalleled relaxation with the Life Elevated 4D Chair.

Monthly Free Sound Baths

Experience a soothing sound bath adventure featuring Native American flutes, gongs, and singing bowls. This relaxing escape promotes meditation, stress relief, and balance, making it ideal for both beginners and experienced participants. Embrace sound healing in a tranquil environment to rejuvenate your mind, body, and spirit!



Aura Reports and Crystal Healing

An aura report analyzes an individual's bio-energetic field, offering insights into their emotional, mental, and spiritual wellness through color interpretation. Why not host a private aura report party with your friends and family at your home with one of our Aura Specialists?

Explore healing crystals to boost your physical, mental, and spiritual health. Discover how to choose, cleanse, and charge the right crystal, and easily integrate it into your daily life.

Scan below to keep
up to date with us
and our events



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